

Stage Related Activities of Alzheimer's

1. Early Stage: when the person experiences mild symptoms
2. Middle Stage: when the person experiences moderate symptoms
3. Late Stage: when the person experiences severe symptoms

Stage of Alzheimer's Disease and Related Symptoms:	The Resident Copes With These Changes:	Therefore, These Activities May Be Most Enjoyable:
Early: <ul style="list-style-type: none"> ○ Recent Memory Loss ○ Confusion ○ Poor Judgment ○ Numbers are Confusing ○ Increased Need for Security ○ Mood or Personality Changes ○ Language Problems 	<ul style="list-style-type: none"> ○ Recent memory loss ○ Poor judgment ○ Increased need for security ○ Mood or personality changes ○ Language problems 	<ul style="list-style-type: none"> ○ Purposeful work-related activities and hobbies ○ Gardening ○ Projects involving pets ○ Music and drama projects ○ Field trips ○ Intergenerational programs
Middle <ul style="list-style-type: none"> ○ Increasing Memory Loss ○ Suspicious of Others ○ Needs Assistance with ADLs ○ Sundowning Syndrome ○ Language Difficulties ○ Cognitive Impairment ○ Perceptual Difficulties ○ Motor Difficulties ○ Changes in Behavior and Mood 	<ul style="list-style-type: none"> ○ Increasing memory loss ○ Increasing cognitive impairment ○ Motor difficulties ○ Increased mood and behavior changes 	<ul style="list-style-type: none"> ○ Singing and socializing ○ Poetry and book readings ○ Exercise-walking ○ Reminiscing: looking at photos, magazines, memory boxes
Late <ul style="list-style-type: none"> ○ Severe Language Deterioration ○ Incontinent of Bowel and Bladder ○ Total Care Needed for ADLs ○ Difficulty Swallowing ○ Increased Need for Sleep ○ Severe Memory Loss 	<ul style="list-style-type: none"> ○ Severe language deterioration ○ Severe memory loss ○ Increased need for sleep 	<ul style="list-style-type: none"> ○ Aroma therapy ○ Massage and manicures ○ One-on-One companionship ○ Hugging stuffed animals or dolls